

HOW CAN I HELP?

Donations can be made online using the QR code below.



Checks should be made out to "Carmelite Nuns".

Email us:  
arlingtoncarmel@carmelnuns.com



Please remember us when revising or making your Will.

Our legal name is:  
Disalced Carmelite Nuns  
Our Federal ID # is:  
35-2516195



Disalced Carmelite Nuns  
Associated with the SSPX  
5801 Mt. Carmel Drive  
Arlington, TX 76017

Visit our website:  
www.carmelnuns.com



NOVENA PRAYER TO THE SACRED HEART OF JESUS

*O most holy Heart of Jesus,  
fountain of every blessing,  
I adore You, I love You,  
and with a lively sorrow for my sins  
I offer You this poor heart of mine.  
Make me humble, patient, pure  
and wholly obedient to Your will.*

*Grant, good Jesus, that I may  
live in You and for You.  
Protect me in the midst of danger.  
Comfort me in my afflictions.  
Give me health of body,  
assistance in my temporal needs,  
Your blessing on all that I do,  
and the grace of a holy death.  
Amen.*

Disalced Carmelite Nuns  
Associated with the SSPX  
5801 Mt. Carmel Drive  
Arlington, TX 76017

www.carmelnuns.com

Novena  
to the  
Sacred Heart  
of Jesus



June 4-12, 2026

Monastery of the Most Holy Trinity  
Arlington, Texas



Dear Friend of Carmel,

Praised be Jesus Christ.

We invite you to join in prayer with us to honor the Most Sacred Heart of Jesus during our novena in His honor from June 4 - June 12, 2026. We implore the blessing of the Sacred Heart on all the members of the Church, our friends and families and all those in need of God's mercy.

May He grant you graces and blessings in abundance to live your faith in Him and to find in His Heart a refuge of peace and consolation in the midst of life's challenges.

May we make the words of St. Gertrude our own:

"I salute You, O Sacred Heart of Jesus, living and life-giving fountain of eternal life, infinite treasure of the Divinity, glowing furnace of Divine Love."  
St Gertrude the Great

We appeal for your help in paying for the maintenance of our monastery and the needs of our Nuns, including those who will join us in the near future as our community experiences new growth!

Please know that we keep you and your family in our daily prayers and sacrifices, in our Mass and Divine Office. God bless you.

*Mother Teresa Agnes  
and the Nuns*



### Quotes from the Saints

"Behold this Heart which has so loved men that It has spared nothing, even to exhausting and consuming Itself, in order to testify to Its love."

St. Margaret Mary Alacoque

"The Heart of Jesus is a furnace of love for us, and His wounds are doors wide open to let us enter in."

St. John Eudes

"The greatest proof of love is to suffer for the beloved, and Jesus has done this for us. His Sacred Heart is our refuge and our rest."

St. Francis de Sales

"Who is there who would not love this wounded Heart? Who would not love in return Him who loves so much?"

St. Bonaventure



### SPECIAL APPEAL FROM CARMEL

In your kindness, please send us donations to assist with paying for the following needs of our community at this time:

Monthly Utility bills

Kitchen appliances

Laundry appliance repair

Garden tools and supplies

Arts and Crafts tools and supplies

Maintenance of our grounds, mowing

Food and supplies for care of our animals - dogs, chickens & ducks

Sacristy expenses: linens and vestments, etc.

